

Greetings and Welcome to this month's newsletter.

Karmic Cycles

As soon as I read about the Italian ocean liner I knew it was connected to the Titanic. Its been 100 years since that liner went down with around 1500 lives lost in the cold Atlantic. Is it a coincidence? Well the word coincidence is used to describe events that cannot be explained logically. I believe it was a karmic event for the captain. The captain of the Titanic went down with the ship whereas the captain of the Italian liner was determined to stay alive at whatever cost to himself. As Karma reoccurs there is an upward spiral where the energy of the event is less than the previous times. Both ships hit an object. Both ships sadly lost lives whereas thankfully in the latest incident only 30 were lost. (Not that any lives lost could ever be a good thing).

I feel it's going to be a momentous year with some very interesting things happening around the 3rd quarter in world events. This year in December a Mayan cycle comes to a close and a new one starts. These portals allow an inflood of energy from the upper realms and it is up to us to do positive and creative things with this energy. Sadly when it comes to these potentials there is often suffering that comes first. It doesn't have to be this way you know. We can turn away from violence and destruction at any time. History shows that we haven't done this yet however this year there is a great possibility of this occurring. As the year unfolds more will be revealed as we move closer to this powerful gateway.

Astrology

Normally you will read about Mercury going retrograde however this time it is Saturn that will be retrograding in Libra. The event starts on the 8th February and continues on through until June 25th this year. Saturn is about limitations and the things that stop us moving forward to fast or too quickly. It is also responsible for bringing to us our negative karma so that we can work on healing and transforming it. With Saturn progressing normally through Libra it promotes balance, justice, responsibility in relationships, tact, receptiveness and social awareness. These are a few of the key things that Saturn in Libra brings to us. With it going into retrograde or reverse motion in relation to the earth we are going to see things start go out of balance (more than they have been of late) which will have an impact on us being able to act responsibly and with justice when it comes to dealing and working with ourselves and others. So we are likely to see more strongly than ever things from our own perspective only

which has a deep adverse effect at work, in relationships and on a global level as well.

Saturn in Libra asks you, Can you stand firm in your own power as you then join and share this strength with another without compromising your values and ideas? Libra often is said to be a sign which will choose to walk away without fighting. So, if you have relationship baggage still hanging around, old patterns of “picking the wrong person” or giving in when you know you should stand firm or being Mr. or Mrs. NICE when you want to be anything but that? Well, here come those issues as tests in order that you can pass them and not deal with that in another incarnation. This may not be an easy time and for Australia we will start to see the GFC from Europe start to bite a bit more and a lot of social disturbances both here and overseas. As with any test we will always have the knowledge needed to grow and move forward and the only thing that will stop us will be ourselves. Its so important to meditate, be grounded during this time so that we don't become lost and caught up in what maybe manifesting around us through others negativity.

Depending on where Saturn is traveling in your chart will bring you lessons related to that particular House if there is an active aspect going on. Having this information will help you journey through Saturn's retrograde with ease and joy. If you would like to know more and have had your chart done please don't hesitate to contact me for an appointment.

Meditation at Qi

Our meditation sessions have resumed. Come and join us for a peaceful relaxing and insightful meditation class. Whether you are a beginner or an experienced meditator there is something to be gained from our weekly group. We have also been having some interesting discussions about all sorts of spiritual topics and how meditation is such a powerful tool when it comes to understanding our lives and connecting in with the Universes energy.

Where: Qi Crystals, Caulfield Sth
When: Every Friday at 6pm
Cost: Donation

School of Kabbalah for 2012

I am still seeking students for this year's course. If you showed interest last year and I have met and talked with you in person can you please send me an email as confirmation. If I have not met and talked with you in person and

you wish to do the course it is essential that we meet. I cannot accept anyone that I have not met in person. Can you also please let me know if your available on a Monday night as Wednesday night may not be available this year. The final decision on who will be accepted into this year's course will be done over the next 2-3 weeks.

What is the School of Kabbalah?

The Schools of Kabbalah have been passing down Esoteric Knowledge for over 3000 years. They have ties to the ancient Pythagorean schools the Christian Gnostics and have parallels in Eastern Philosophy. It is a system of cosmology showing us a path to self-realisation and can easily be applied in daily living.

Aims of the group

To accelerate our spiritual growth:-How? Through group work

- ☉ Learn the history of the Kabbalah
- ☉ Explore the Tree of Life its symbols and meanings
- ☉ To create a Tree in this space
- ☉ Understand the deeper meanings of the Kabbalah through guided meditation
- ☉ Experience the Four Worlds and the Tarot on the Tree of Life
- ☉ Life as a spiritual journey:- To see the Light in every day

This comprehensive course teaches:-

- **The Secret Oral tradition of the Tarot, including the Major and Minor Arcana, the Tree of Life.**
- **Learn Meditation techniques to work with the Mystical Planes.**
- **Take a Magical Spiritual Journey.**
- **Empower your Personal and Spiritual Growth**
- **Bring transformation and enlightenment into your life.**

When:- First Week of March. Monday or Wednesday to be confirmed.

Cost:- \$30 per week

Where:- Carnegie